

MANCHESTER RACQUET CLUB JUNIOR TENNIS PROGRAMS '10-'11

Junior Instructional Programs

HOT SHOTS-ages 5-8 (Quick Start Format)

Students will build their coordination, racquet skills, footwork & basic fundamentals through drill and fun games. Modified balls and short courts are used. S/T ratio: 5:1

- Program # 107.....ages 5 & 6 only.....Tuesday 4:15-5:00 pm
- Program # 108.....Tuesday 4:00-5:00 pm
- Program # 109.....Saturday Noon-1:00 pm

ROOKIES-Ages 8 & older

For those new to the game or with Hot Shot experience. We emphasize the basic strokes, movement, rules & etiquette through games & drilling. S/T ratio 5:1.

- Program 110.....Monday 4:30-5:30pm
- Program 111.....Tuesday 5:00-6:00pm
- Program 112.....Saturday Noon-1:00pm
- Program 121..Teenagers Only.....Tuesday 6:00-7:00pm

CHALLENGERS-typically ages 10-15

For those with moderate playing experience. Emphasis placed on developing topspin & slice, attacking shots, footwork and basic strategy. S/T ratio is 5:1

- Program 113..... Monday 5:30-7:00pm
- Program 114..... Wednesday 5:00-6:00pm
- Program 115..... Saturday 2:00-3:00pm

CHAMPIONSHIP-ages 12 & older

For those with high school experience or advanced playing skills. Emphasis on drilling, footwork, court position & strategy. S/T ratio is 5:1.

- Program #116-Girls.....Saturday 11:00-Noon
- Program #117-Boys.....Saturday 1:00-2:00pm
- Program.#118-Middle School.....Wednesday 3:30-5:00pm
- Program #200-Coed/HS.....Wednesday 6:00-7:00pm

Junior Instructional Programs (cont.)

EXCEL & EXCEL PLUS-Tournament Players Group

Intense drilling & movement-oriented play. Emphasis on strategy, match play situations & conditioning. Entry is by try-out or invitation only. S/T ratio 4:1.

- Program #120 Excel Plus.....Friday 3:00-4:30pm
 - Program #119 Excel.....Friday 4:30-6:00pm
- (Session C for Excel Groups is an extended 10 week session-1/7-3/18/11. The cost is \$355 for first session enrollees and \$320 for re-enrollees)

Non-Instructional Play Opportunities

Junior Membership required

CLINIC PRACTICE TIME-Ages 8 & up

This time is set aside for current clinic juniors to play singles & doubles in a supervised & relaxed atmosphere. (Available Sessions A-D)

- Saturday 3:00-4:30pm.....\$12.00/week

JUNIOR PLAYER'S PASS

The pass allows juniors unlimited playing time (within guidelines) for the 36 week season (9/7/10-5/16/11). It also includes all Practice Times, JTT fees & ladders. The pass is available to any junior member.

- Player's Pass\$420/season

IN-HOUSE JUNIOR TEAM TENNIS

Players compete on in-house MRC teams against other juniors of similar ability. Play includes singles or doubles. Juniors play every 2-3 weeks. Fall & winter sign-ups.

- Fridays 6:30-8:00pm.....\$16/\$12 (S/D)

ADVANCED SINGLES LADDER

These ladders are for the serious player. Players must be of Excel/Championship level. Ladder will run on a 10 week fall & winter schedule. Awards for top performers.

- Boy's Tier I Ladder-Sundays, 3-4:30pm.....\$16/wk
- Boy's Tier II Ladder-Sunday, 4:30-6:00pm.....\$16/wk
- Girl's Ladder-Sundays, 6:00-7:30pm.....\$16/wk

SPECIAL EVENTS

Special events include adult/child round robins, singles & doubles tournaments, family night, high school jamborees and USTA Junior League play. Call for details.

Junior Membership

Membership at MRC is required for all juniors, except for those in the Hot Shots programs. Those in the Hot Shots classes will pay an entry session registration fee of \$25. The junior membership cost is \$75. Membership is waived for programs beginning April through August.

CLINIC SESSIONS

- Session A Sept. 13-Oct. 30.....7 weeks
- Session B Nov. 1-Dec. 18.....*7 weeks
*6 weeks for Wednesday-Saturday classes, no class 11/24-28
- Session C Jan. 3-Feb. 19..... 7 weeks
- Session D Feb. 28-April 16..... 7 weeks
- Session E April 25-June 13..... 7 weeks
Mon, Tues & Wed. Classes offered for Session E (no class 5/30)

CLINIC COSTS

REGISTRATION AND QUESTIONS

| Weeks ⇒ Clinic ↓ | All First 7 Week Sessions | Re-enrollment Cost for all 7 Week Sessions (10% discount) | Session B Wed. Fri, Saturday 6 Week Session | Session B Re-enrollment for 6 week Wed. Friday, Saturday (10% discount) |
|-----------------------------------|---------------------------------|--|---|--|
| 45 minute Hot Shots #107 | \$126 | \$114 | \$109 | \$98 |
| 60 minute Clinics | \$166 | \$150 | \$143 | \$129 |
| 90 minute Clinics | \$249 | \$224 | \$214 | \$193 |

You may register your child by mail or by phone. By mail, please fill out the enclosed enrollment form and send along with a \$75 deposit. Or, you may register by telephone with a Visa or MC. The balance is due on the first day of class. Please contact Cherie Baker at 646-8860 or email her at cherie@manchestertennis.com with any questions.

GENERAL POLICIES FOR JUNIOR CLINICS

Deposits- \$75 deposit is required to secure a child's spot for each session. The remaining balance is due on the first day of class for each session. A three day cancellation notice, prior to the start of the session, is required for a full deposit refund. Otherwise \$50 will be refunded.

Re-enrollment Discount- Juniors who continue on with a subsequent clinic session during the '10/11 season will receive a 10% discount on those upcoming sessions.

Re-enrollment Deposit- \$75 deposit is due by the end of week 5 of the current session for re-enrollment in the next session. Thereafter, openings will be made available to those on the waiting list.

Clinic Acceptance Notification- parents will only be notified if their child's registration is not accepted due to a full class.

Refunds- No refunds are given for missed classes. A pro-rated refund will be given if a medical release from a doctor is presented for injury or illness.

Multiple Family Discounts- any family with juniors enrolled in 3 or more hours of junior clinics in the same session will receive a 20% discount on the entire junior clinic bill for that session. The 10% re-enrollment discount would no longer apply.

Make-up Classes: Make-ups are not guaranteed but we will accommodate when possible. Preference will be given to those students who give advance notice of their absence. If the class is full, those needing a make-up will be put on a waiting list.

Carry Overs- Missed classes may not be carried over from one session to another.

Junior Membership- Membership is required for all junior programs for ages 8 & older. The yearly cost is \$75.00 (Sept. to Sept). A half year membership is available for those juniors beginning lessons January 2011 or later in the season. The cost is \$40.00. A yearly \$25 registration fee is required for new enrollees in the Hot Shots program. Membership is not required for summer programs or session E clinics (begins in late April).

Junior Court Rental- juniors may reserve a court at the cost of \$20 per hour. In order to receive the junior rate, juniors may reserve up to 1 day ahead of time. If playing with an adult, the junior will pay their share at the junior rate and the adult at the prevailing adult rate.

MRC PROFESSIONALS

CHERIE DOW BAKER-HEAD PRO-USPTA

MRC Head Pro. As a player, Cherie was a Division I All-Regional #1 player for Penn State & in 1982, the #1 nationally ranked All-American Division II singles player for the College of William & Mary. Cherie has worked with some of New England's finest juniors, several earning college tennis scholarships. She has been with MRC for 25 years.

DAVID WILLARD-USPTR

Dave attended TCLC in Hilton Head, SC where he earned certification in Tennis & Business Management. He has been a teaching professional since 1995. He has taught at various area summer clubs and currently runs the Manchester Recreation summer tennis programs. He begins his 9th full-time season at MRC.

PHO PHIMVONGSA -USPTA

Pho, formerly one of MRC's most effective and well-liked Pros, rejoins the MRC pro staff after a 4 year absence. In his playing days, Pho was a standout player for the University of Connecticut. As a teacher, his positive energy and motivating personality make him an ideal fit for anyone who wants to become a better tennis player. Pho's special interest in footwork and fitness will surely benefit our developing junior players.

GEOFF ZERUK-USPTR

Geoff is a graduate from Bloomsburg University where he was a starting player. He has been ranked among the top 10 players in New England. He spends his summers teaching tennis in the West Hartford area. He joins MRC for a 14th season.

MICHAEL LOUIS

Michael is a UCONN graduate where he was team captain and a 4 year letter winner. He was the University of Connecticut Men's Assistant tennis coach for five years. He has spent the last 9 summers teaching tennis in CT & NYC, working with players of all levels, including top juniors. This is his 4th season with MRC

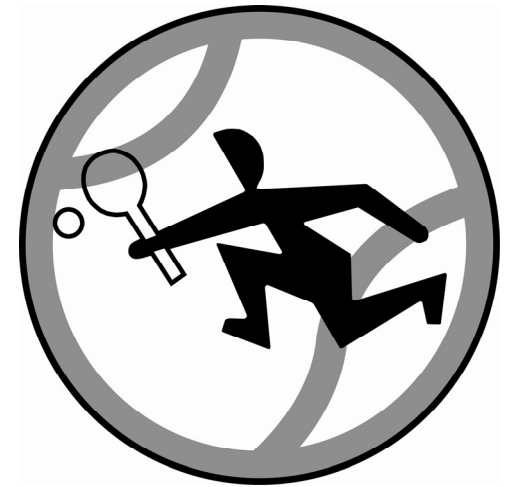
GLENN HOROWITZ-USPTR

Glenn lettered 3 years as a varsity player for UCONN & went on to work as the Asst. Men's Tennis coach for 2 years. His P.E. background & strong playing skills provide excellent instruction for MRC juniors, now in his 17th year.

ADDITIONAL STAFF We are very proud of our teaching staff, many of whom are former college players, high school coaches, and successful educators who are highly capable instructors, know the game of tennis and love working with children.

MANCHESTER RACQUET CLUB Junior Tennis

September '10-June '11



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